

# HANDWASHING

> IT'S NOT ROCKET SCIENCE... BUT ARE YOU DOING IT RIGHT?



**WET** | Turn on the tap & wet your hands.



**SOAP** | Use soap to work up a good lather. Water itself won't do much!



**TIP!**  
Sing Hakuna  
Matata while  
you scrub for  
a good length!

**SCRUB** | Wash your palms, the backs of your hands, in between your fingers & underneath your fingernails for at least 20 seconds.



**RINSE** | Completely rinse off all soap.



**TIP!**  
Use a towel rather  
than your clean hands  
to open the door  
before you leave.

**DRY** | Leave the tap on, then dry hands with a clean paper towel. Turn the tap off with the towel to keep your hands clean.



MAKING HEALTHCARE SAFER  
SOINS DE SANTÉ PLUS SÉCURITAIRES