

# HANDWASHING

IT'S NOT ROCKET SCIENCE... BUT ARE YOU DOING IT RIGHT?

## 1. WET

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Turn on the tap & wet your hands.

## 2. SOAP

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Use soap to work up a good lather.  
Water itself won't do much!

## 3. SCRUB

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Wash your palms, the backs of your hands,  
in between your fingers & underneath your  
fingernails for at least 20 seconds.

**TIP!** Sing Hakuna Matata while  
you scrub for a good length!

## 4. RINSE

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Completely rinse off all soap.

## 5. DRY

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Leave the tap on, then dry hands with a  
clean paper towel. Turn the tap off with  
the towel to keep your hands clean.

**TIP!** Use a towel rather than your  
clean hands to open the door  
before you leave

